

Mesa View Elementary News

November Edition 2017

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D51 Vision: Engage, Equip, and Empower our learning community today for a limitless tomorrow.

Si usted desea una explicación en Español de este artículo por favor llame a la oficina: ESL 254-5484. Estamos para servirles.

Honesty Always Respectful Willing Learner Kind Safe

Our school expectations for students, staff and parents.

November



2 - 5th grade to National Weather Service

9- 9:00 AM 3rd grade performance for Veterans

6:15 PM 3rd grade music program

10- No School-plan day

13- PTO Meeting

15- Spirit Night at Dominos

20-24- No School~ Happy Thanksgiving!

Dec. 1-Holiday Lunch tickets due

5:00-7:00- Santa & Ornaments

Dec. 9-Reindeer Camp

Mesa View Third Grade will be performing a Veteran's Day Musical Salute on Thursday, November 9th at 9:00 a.m. in the Mesa View Elementary Gym. We would like to invite all Mesa View Veterans and family members to attend our musical salute. We would like to honor and pay tribute to you for your service to our country. We thank you for your service.

Rappin' & Chattin' with Mrs. MC

Dear Families,

Thank you to all of you who joined us for Super Hero Night as well as Parent-Teacher Conferences. We cannot begin to express how much your support and partnership means to our learning community and to your child's educational success.

During these events, we asked for input from you regarding our School Vision. We posed the questions:

What makes learning joyful?

What makes learning engaging?

If you did not get to respond to these two questions, we will be pushing these questions out on our Facebook Page and invite you to respond. If you have not liked our Facebook Page, a link is available on the Mesa View Website. <http://mesaview.d51schools.org/#>

As we move forward in our visioning work, we will be asking ourselves what it means to educate the Whole Child and how we can best prepare our learners for the 21st Century. The Association for Supervision and Curriculum Development is a nonprofit educational leadership organization that has been advocating for the Whole Child approach to learning since 2007. Their tenets are listed below.

Whole Child Tenets

- Each student enters school healthy and learns about and practices a healthy lifestyle.
- Each student learns in an environment that is physically and emotionally safe for students and adults.
- Each student is actively engaged in learning and is connected to the school and broader community.
- Each student has access to personalized learning and is supported by qualified, caring adults.
- Each student is challenged academically and prepared for success in college or further study and for employment and participation in a global environment.

The D51 learning model is a personalized approach to learning that integrates academic, social, and emotional learning. On November 13th, after our PTO meeting, from 5:45-6:30 pm our District and School Advisory Councils will come together to take a deeper dive into our assessment data from last year, and to talk about ways we can continue to evolve our practices to meet the needs of the Whole Child in our D51 Learning Model. Your input is critical and highly valuable in these conversations. We hope you will join us for this important work.

In gratitude,

Stacey Morton-Cohen

PTO NEWS

November 13- Please join us for our PTO meeting in the library at 5:00. Following the meeting, District and School Advisory Councils will meet. Please join us! Babysitting will be provided.

November 15- Spirit Night at Dominos. Take a night off from cooking and support our school!

A huge thank you to everyone that came out and supported Super Hero night!

We had fun games and amazing gift basket and baked good donations.

Save the Date Santa is Coming! Dec., 1st 5:00-7:00

Angelo's pottery and Santa will be here. Come see Santa and make an ornament. More info to come home soon.

Reindeer Camp is Coming! Save the Date!

Saturday, December 9, 2017

10am-1pm at Mesa View

Reindeer Games, cookie decorating, holiday crafts, movies and more!

\$8.00 per student

Open to all Mesa View Students. Pre-K to 5th Grade

Registration information will be sent home in Friday Folders on November 3rd.

Parents can drop their students off for an exciting day filled with lots of holiday fun, thus giving you the opportunity to go holiday shopping without them.



Mesa View Elementary is now an official Little Kids Rock school!! Mesa View's 4th and 5th grades are going to be participating in a program called Little Kids Rock. Students will be learning to play instruments, singing, and writing music in a Modern Band setting. Little Kids Rock donated over \$3,000 worth of instruments to our school to get this program up and running!! Our first step is to begin learning how to play instruments. There is a free website available to students to practice and learn at home to increase their playing abilities. That website is: www.littlekidsrock.org

Students click on the Kids tab at the top of the screen and it will take them to the Jam Zone where they can take lessons, play games, Jam, or practice learning a new song! Come in and check out our Rockin' Modern Band anytime!

Bell Schedule Change-Please Note New Times

In order to be in compliance with the District's bell schedule, our Mesa View bells will be adjusted, starting **November 6**. The first bell and tardy bell will be the only bells effected by this change.

New time:

Old Time:

8:45 First Bell

8:50 First Bell

8:50 Tardy Bell

8:55 Tardy Bell

Holiday Lunch

We would like to invite you to join your student for a holiday lunch celebration on December 21, during your students regular lunch time.

We will be pre-selling tickets. All tickets must be bought by December 1st. Sorry we can not take any late orders due to the cafeteria needing to order food in advance.

Watch your students Friday folder for more information!

Hello, Mesa View Parents!

Managing emotions is a tricky business...especially when the emotions are really intense...and especially when you are a child.

I have been working with my students in the I Rock group as well as in intermediate classroom lessons to teach how mindfulness can help with that.

We talk about how anger can be caused by a brain being stuck in the past. Often when we are angry, it is because our mind is perseverating on things that have gone wrong in the past, as if it is happening "right now."

Anxiety, similarly, can be caused by our brain being stuck in the future. When we are anxious, it is often because we are thinking about what may or may not happen in the future as if it is happening "right now." When we are anxious, we might find ourselves asking "What if...(fill in some terrible thing)?"

We talk about the magic question when we are angry or nervous: "Wait. Is it happening RIGHT NOW?"

Please feel free to contact me by phone or email at any time. 254-7970 extension 52122, or monica.nave@d51schools.org

Have a great day,

Monica Nave MVE School Counselor